

Linda Brooks RN, IBCLC Lactation Consultant

Linda is an RN with over 20 years experience in maternal child nursing. She began her career as a neonatal intensive care nurse at UC Davis Medical Center and has been at the birth of hundreds of babies. After training at the University of San Diego, Linda became a Board-Certified Lactation Consultant and was a leader in establishing a world-class lactation program at the Long Beach Memorial Hospital. Before joining DayOne, Linda was a Lactation Consultant at John Muir hospital and the Walnut Creek Women's Health Center, where she earned great praise for her knowledge and personable, non-judgmental manner.

Linda is delighted to work at DayOne, a place that feels like a second home, where “you can just drop in anytime for a quick diaper change or feel comfortable staying all day to chat with other mothers.” At DayOne, Linda facilitates the breastfeeding support group, several new parents groups, the prenatal breastfeeding class, and sees new parents for one-on-one lactation consultations. Linda lives in Alamo with her husband Mike and has 2 children in college.